



Gas Station and Novel Drugs Toolkit

MISSOURI
POISON CENTER
1-800-222-1222

A Program of SSM Health Cardinal Glennon

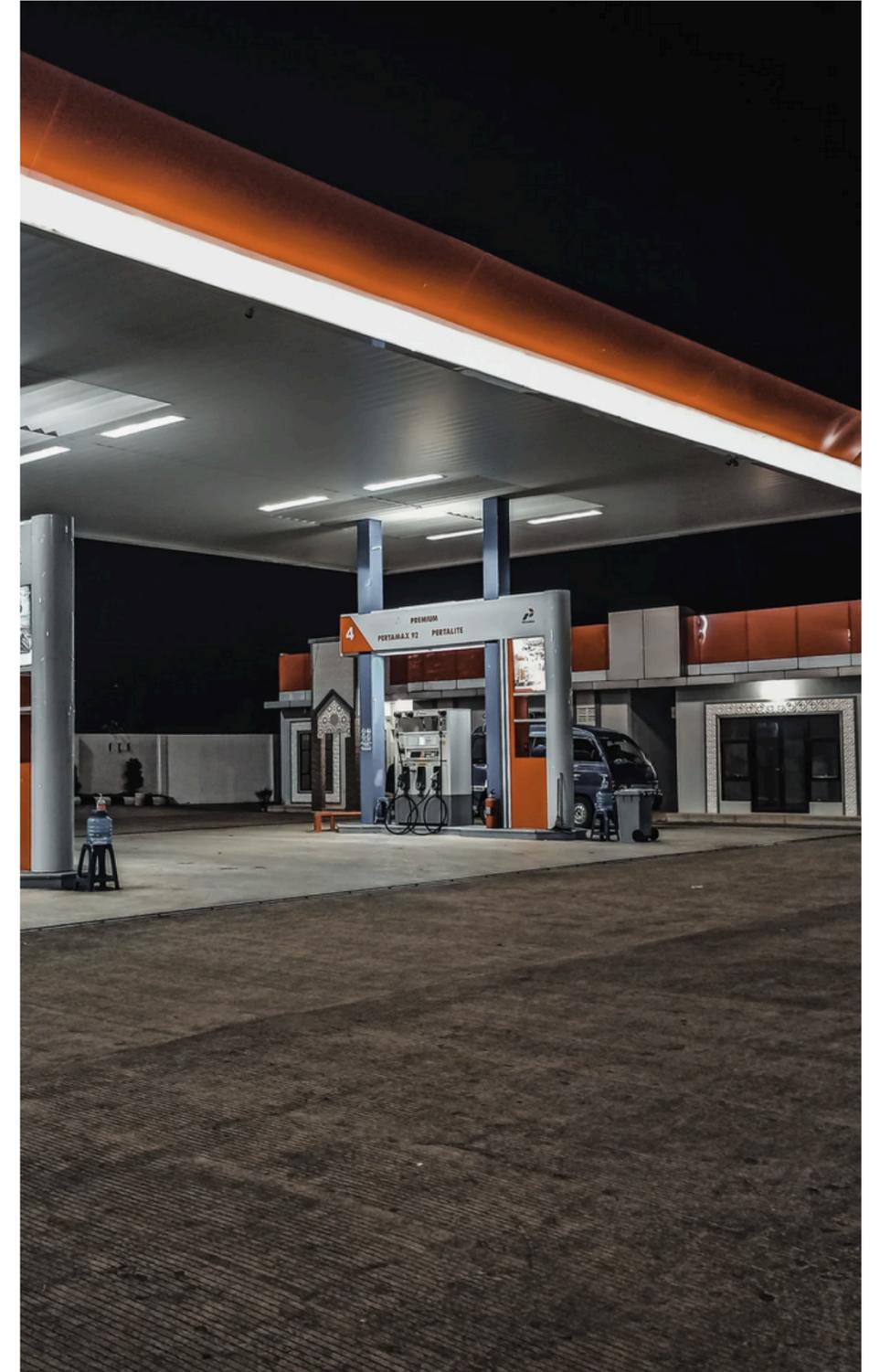


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This toolkit contains essential information and resources for teachers, staff, nurses, and others who are interested in sharing resources about new and novel drugs of abuse.

Anything underlined in the toolkit is a link or download

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Missouri Poison Center

A brief history of who we are

◆ Who we are

- The Missouri Poison Center serves as the state's poison control center. (There are 53 poison centers in the United States.) The poison center is reached through the nationwide Poison Help line, [1-800-222-1222](tel:1-800-222-1222).
- The Poison Help Line is free and confidential, 24 hours a day, 365 days a year.
- A registered nurse or pharmacist answers each call.

◆ When should we call?

- People call the Poison Help Line, [1-800-222-1222](tel:1-800-222-1222), for a variety of reasons. Such as calls about:
 - Medicines and drugs (i.e. prescription, over-the-counter, vitamins, supplements, illegal/recreational, or veterinary)
 - Household and personal care products
 - Chemicals and pesticides (at home and work)
 - Plants (i.e. mushrooms, indoor and outdoor plants)
 - Bites and stings (i.e. insects, snakes)
 - Gases and fumes
 - Food poisoning
 - Questions about adverse or unexpected reactions to medicines or products

Tianeptine

Gas station heroin

Tianeptine (ZaZa Red, Neptune's Fix) is an atypical tricyclic antidepressant. In other words, it was originally developed to treat depression. However, it's not like the commonly prescribed Selective Serotonin Reuptake Inhibitor (SSRI) antidepressants like Prozac or Lexapro: tianeptine affects your body like heroin. It's addictive, easy to abuse, and possible to overdose.

The alarming thing is that you can find it at your local gas station, which earned it the name "gas station heroin."



◆ For the public

Blog:

[Beware Gas Station Heroin: The Hidden Dangers of Tianeptine](#)

Video:

[What is Tianeptine/ZaZa Red?](#)



◆ For healthcare providers

Blog and Treatment Info:

[Have You Heard of Gas Station Heroin?](#)

Kratom

A legal dietary herbal supplement. Leaves of this plant have been used for centuries to relieve fatigue, and pain, and to treat opium addiction. It is readily available in head shops, gas stations, and via the internet in the form of leaves, tablets, capsules, extracts, and concentrates. It can be chewed, smoked, ingested, or brewed into tea. Other names for kratom include Biak, Ketum, Kakuam, Ithang, and Thom. Some claim that kratom is useful in heroin or opioid abuse treatment.



◆ For the public

Blog:

[Self-Management of Opioid Dependence and Withdrawal: What is Kratom and is it Safe?](#)

Video:

[What is Kratom and is it Safe to Use?](#)

◆ For healthcare providers

Blog and Treatment Info:

[What is Kratom: Which of Your Patients Might Be Using It?](#)

Kava

Kava (also called Kava Kava) is a member of the black pepper family. It comes from the *Piper methysticum* species grown in the Pacific Islands. It has been used as a drink or in extracts in this region for generations during rituals, social events, and medical purposes. In the United States, we primarily use it as a supplement in pill form. However, it is also available as a capsule, dissolvable lozenge, and concentrate extract. You can even find kava kava tea at many supermarkets.



◆ For the public

Blog:
[Kava](#)

Psilocybin

Magic mushrooms, or “shrooms,” are an informal group of fungi that produce psychedelic or hallucinogenic effects when ingested. They contain a chemical known as psilocybin, which turns into psilocin in the body. This produces the “trip” many people experience.

Shrooms act in a similar way to lysergic acid diethylamide or LSD, another hallucinogenic. Both of these drugs target the 5HT-2A receptor— a place in the brain that helps moderate perception, emotion, learning, memory, and neurogenesis. Magic mushrooms grow organically in the world, mostly in the tropics/subtropics and occasionally in temperate regions. Like most other mushroom species, they thrive around decaying wood, soil, or even cow dung. There are some synthetic versions of shrooms.

◆ For the public

Blog:

[What are Magic Mushrooms and Can You Overdose?](#)

Video:

[Beware of Adulterated Magic Mushroom Gummies!](#)

◆ For healthcare providers

Blog and Treatment Info:

[What’s Magic About Psilocybin?](#)



Other Gas Station Drugs

We've all seen the little dietary supplements at gas stations: the ones that are supposed to give you energy while driving or improve your immune system. But some dietary supplements aren't what they seem. Clever packaging allows drugs that elicit mood-altering responses to hide amidst the gas station shelves.

What is a gas station pill?

Gas station pills are the types of supplements you can find at mini-marts or shops where you pump your gas. Sometimes, these "supplements" are intentionally misleading. They may come in different forms like liquids, powders, etc. While some may help with energy or give you a dose of B vitamins, others harbor potentially addictive or destructive ingredients.

◆ For the public

Blog:

[Hiding in Plain Sight: Gas Station Pills](#)

Video:

[Gas Station Drugs](#)



Social Media Dares and Challenges



◆ For the public

Blog:

[6 Social Media Challenges and Myths You Should Talk to Your Kids About](#)

Graphics:

[English Graphics](#)

[Spanish Graphics](#)

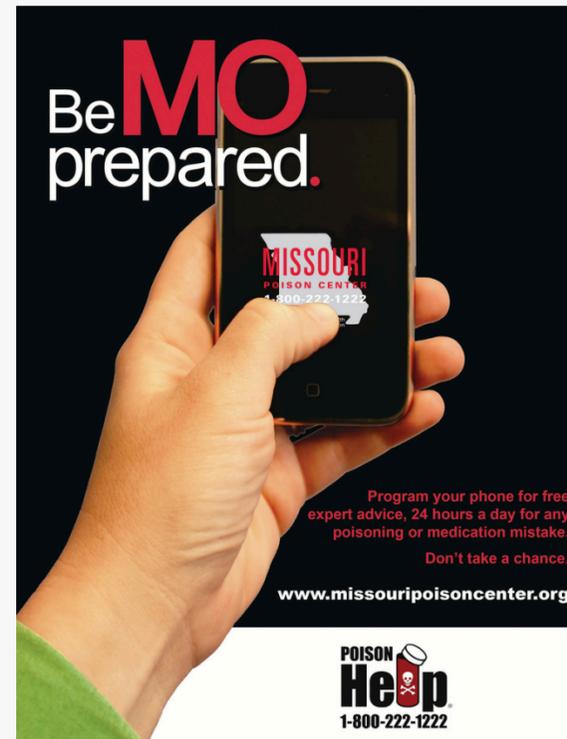
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Free Resources

[Order link](#)



Lesson Plans

[Click Here](#)

Poison Prevention Lesson Plans For Every Age



Preschoolers



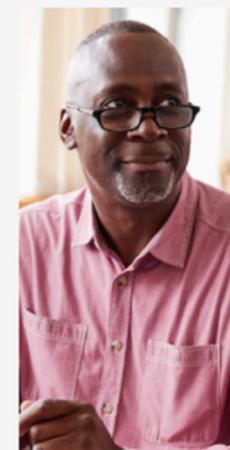
K – 2nd Grade



3rd – 4th Grade



Teens & Tweens



Older Adults

Want to Know More?

Amanda B. Ruback, MSN, RN, CSPI | Community Outreach Coordinator
Missouri Poison Center

7980 Clayton Road, Suite 200

St. Louis, MO 63117

Phone: 314-612-5719

Fax: 314-612-5740

Amanda.Ruback@ssmhealth.com

missouripoisoncenter.org

