



# PREVENT CHILDHOOD POISONING

*Children act fast . . . so do poisons!*

## KEEP LITTLE ONES SAFE WITH THESE TIPS:



Remember: there is no such thing as CHILD-PROOF. Lock all medicines and household products out of the sight and reach of children . . . even when using childresistant packaging.



Use child-resistant containers whenever possible.



Take your own medicine where children can't watch. They learn by imitating you.



Don't call medicine "candy."



Read the label on all medicines and products. Follow the instructions exactly.



Use the measuring devices that come with medicines. Don't guess – be sure! Household spoons are not accurate at measuring liquid medicines.



Teach children to ask before touching or tasting anything they find on their own.



Don't give over-the-counter cough and cold medicines to children younger than 4 without a doctor's approval.



Keep the poison center number near every phone and program the poison center phone number (1-800-222-1222) in every cell phone. Call anytime of the day or night if you have a question or need help. Specially trained nurses and pharmacists will tell you exactly what to do.



**[missouripoisoncenter@ssmhealth.com](mailto:missouripoisoncenter@ssmhealth.com)**

*This email is not monitored by the emergency hotline specialists. Please DO NOT email questions about a suspected poisoning.*



**[missouripoisoncenter.org](http://missouripoisoncenter.org)**