

## TIPS TO HELP YOU LOOK OUT FOR LOOK-ALIKES



Many food, candy, and drink products look remarkably like some of these potentially harmful items. Use this brochure to educate your children (and yourself) about knowing the difference.

The majority of poisonings, about 75%, happen while a product is in use. If you are taken away from the room by a door bell or phone call, be careful not to leave your child unattended with medicine or household products. Take the child along with you as you deal with other matters.

Little ones watch the adults in their world very closely, often they imitate adult behaviors. For this reason it is advised not to take medicine in front of your children, at least while they are very young.

Store medications **out of sight** and **out of reach**. A locked cabinet is the best choice to keep children safe.

Never make a game of taking medicine and never refer to medication as candy. Chewable and gummy forms of vitamins and other supplements look like candy and taste like candy. Make it a habit to let children know it is medicine and should only be taken when given to them by an adult.

Keep all products and medicines in their original containers. Container transfers and "Look-Alikes" are dangerous. All too often, calls to the poison center are about drinking something 'poisonous' because the product was transferred to an unlabeled beverage container. It's not only children who mistake the contents for juice or soda. Adults unintentionally drink these poisons too.

- Tiki torch fuel and pine cleaners look just like apple juice when put in a beverage bottle.
- Glass cleaners, plant fertilizers, and windshield wiper fluid are typically blue in color. When stored in a beverage container they could be confused for fruit punch or sports drinks.
- Lamp oil comes in many colors and scents, which can be mistaken for juice.

Program the Poison Help number 1-800-222-1222 in your phone. Free, fast, expert help is just a call away 24 hours a day, 7 days a week.

Play the fun, interactive Look-Alike Quiz at

## www.missouripoisoncenter.org/Education/Kids.

Test your poison knowledge and challenge your friends. If you can't tell the difference in the similar looking products, how can a young child?

## CAN YOU TELL THE DIFFERENCE BETWEEN THESE SAFE AND POTENTIALLY POISONOUS HOUSEHOLD PRODUCTS?



DRINK MIX POUCHES
COUGH AND PAIN MEDICINE POUCHES



MINTS AND GUM NICOTINE GUM



CANDY
CHEWABLE MEDICINE TABLETS



CHOCOLATE CANDIES
CHOCOLATE LAXATIVES



Stoges (endoy)

Columnia

TOOTHPASTE AND ICING GEL ANTI-ITCH GEL



CHOCOLATE CANDIES
PAIN RELIEVER MEDICINE AND COUGH AND COLD MEDICINE



MINTS
PAIN AND ANTI-DIARRHEA MEDICINE CAPLETS



SPORTS DRINK
CLEANING PRODUCTS



WATER RUBBING ALCOHOL

POISON CENTER HELP IS FREE, EXPERT AND CONFIDENTIAL. WE HELP PEOPLE OF ALL AGES IN ALL TYPES OF SITUATIONS.



## POISON HELP IS A CALL AWAY.

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WWW.MISSOURIPOISONCENTER.ORG

