

# BACK TO SCHOOL

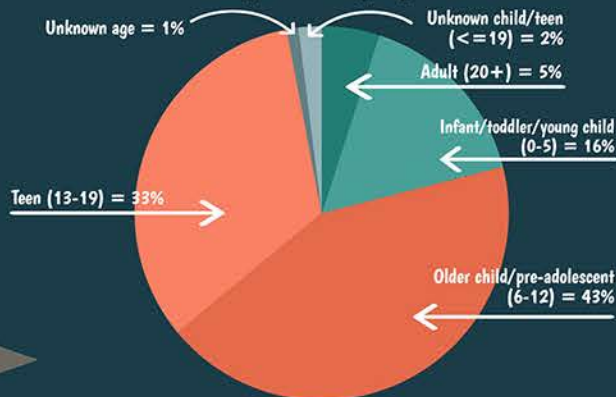
## POISONING PREVENTION TIPS & RESOURCES



### 1. BE PREPARED FOR AN EMERGENCY

Save the Poison Help number, 1 (800) 222-1222, in your mobile phone and display it in your classroom in case of emergency, or in case you have questions.

### 2010-2015 School-Based Human Exposures by Age



### 2. PRACTICE SAFE USE & STORAGE HABITS

The following should be stored up, away, and out of sight of children, and in their original containers. Also, make a habit of reviewing the label on any potentially hazardous substance or product prior to use:



Personal care products, especially hand sanitizers.



All medications and pharmaceuticals, including OTC medicines, vitamins, and supplements.



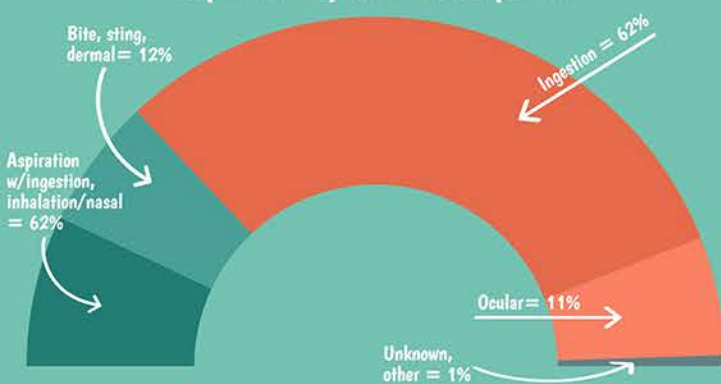
Button batteries, such as those found in certain toys & key fobs.



Chemicals and cleaning supplies, especially those containing chlorine bleach and ammonia.

### 3. BE AWARE OF OUTDOOR POISONING HAZARDS

### 2010-15 School-Based Human Exposures by Route of Exposure



During recess, sporting events, and other outdoor activities, be prepared with these prevention and treatment recommendations:



**Insect bites and stings:** Disinfect the wound with antiseptic towelettes and apply antibiotic ointment. Call Poison Help to determine if medical treatment is needed.



**Plants and mushrooms:** Ensure you are aware of any potentially toxic plants growing around your school's property or in your classroom.



**Pesticides:** Never use outdoor-use pesticides indoors. Read and follow all directions on the label, every time.

### 4. COMMUNICATE SAFE MEDICINE USE

Research shows that students begin to self-medicate around 11 years old. As a teacher or school health professional, you can start a critical conversation with your students about the safe use of over-the-counter (OTC) medicines with the help of the OTC Medicine Safety program.

- Evidence-based educational program
- 100% free
- Supports the education of tweens about responsible use & storage of medicines
- For school nurses, teachers, community leaders, & families
- Contains lesson plans & resources

All program resources are available at [scholastic.com/OTCmedsafety](http://scholastic.com/OTCmedsafety)



The best way to be prepared for poison emergencies is by programming the Poison Help number into your phone, 1-800-222-1222, and posting it somewhere visible in your home.

