



MISSOURI POISON CENTER

# FAMILIES

## PREVENT CHILDHOOD POISONING

*Children act fast . . . so do poisons!*

### KEEP LITTLE ONES SAFE WITH THESE TIPS:

- Use child-resistant containers whenever possible.
- Remember: there is no such thing as CHILD-PROOF. Lock all medicines and household products out of the sight and reach of children . . . even when using child-resistant packaging.
- Take your own medicine where children can't watch. They learn by imitating you.
- Don't call medicine "candy."
- Read the label on all medicines and products. Follow the instructions exactly.
- Use the measuring devices that come with medicines. Don't guess – be sure!
- Teach children to ask before touching or tasting anything they find on their own.
- Don't give over the counter cough and cold medicines to children younger than 2 without a doctor's approval.
- Keep the poison center number near every phone and program the poison center phone number (1-800-222-1222) in every cell phone. Call anytime of the day or night if you have a question or need help. Specially trained nurses and pharmacists will tell you exactly what to do.

Education is key to prevention. The Missouri Poison Center welcomes teachers, child care providers, scout leaders, EMS providers and other community educators to use these free resources to teach about poison safety.

**MISSOURI**  
POISON CENTER  
1-800-222-1222

**BE POISON SMART!**

KEEP POISONOUS PRODUCTS  
OUT OF SIGHT & OUT OF REACH.

**WWW.MISSOURIPOISONCENTER.ORG**

