

MISSOURI POISON CENTER

WHAT YOU NEED TO KNOW ABOUT BABYSITTING AND POISON SAFETY

You have been hired as a babysitter. Congratulations! Babysitting is a wonderful job and it requires a lot of preparation. It is important that the children you are babysitting are kept safe from injury, including poisonings.

Children between the ages of one and three years are at the greatest risk of being accidentally poisoned because toddlers are curious and are always on the move. They learn by tasting and touching. They are attracted to objects, medicines and liquids that look colorful and smell good. It is so important to watch the children closely at all times.

HERE ARE SOME TIPS TO HELP KEEP THE CHILDREN YOU ARE BABYSITTING POISON-SAFE:

- Keep medicines up and out of sight and reach of children....preferably locked in a cabinet.
- Make sure household cleaners are stored out of site and reach of children...preferably locked in a cabinet.
- Keep your backpack or purse out of sight and reach of children.
- When giving a child medicine, follow the directions exactly as written. Make sure the medicine is closed properly after use. Return the medicine to a safe place immediately after use.
- Find out the names of the plants in and around the house.
- When playing with children outside, keep them away from plants, berries and mushrooms.
- If a child gets into something that may be poisonous, call the poison center right away at 1-800-222-1222.

TYPES OF POISONS KIDS GET INTO:

- | | |
|---|-------------------------------------|
| - Cosmetics and Personal Care products
<i>(deodorant, eye drops)</i> | - Hand Sanitizers |
| - Household Cleaners and Chemicals | - Skin Creams |
| - Medicines | - Plants |
| - Foreign Objects
<i>(coins, button batteries, tiny toys)</i> | - Pesticides and Yard Chemicals |
| - Vitamins | - Gasoline and Automobile Chemicals |
| | - Tiki Torch Oil |

DON'T BE AFRAID TO CALL THE POISON CENTER.

THE NURSE OR PHARMACIST WILL HELP YOU AND PARENTS APPRECIATE
A BABYSITTER WHO KNOWS WHAT TO DO IN AN EMERGENCY!

Education is key to prevention. The Missouri Poison Center welcomes teachers, child care providers, scout leaders, EMS providers and other community educators to use these free resources to teach about poison safety.

MISSOURI
POISON CENTER
1-800-222-1222

BE POISON SMART! KEEP POISONOUS PRODUCTS
OUT OF SIGHT & OUT OF REACH.

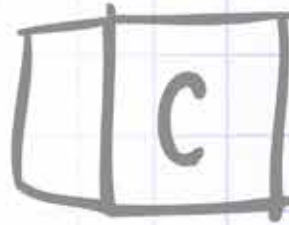
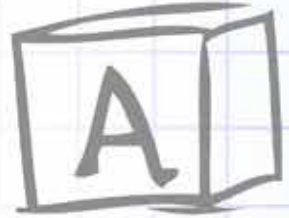
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WHAT DO YOU DO?

You're helping your friend take care of his baby brother. You find the baby with a pill bottle, but the bottle is almost empty. What should you do? Fill in the blanks with the numbers to show the order of the steps you should take.

- ___ A IF THERE IS NO ADULT AROUND,
CALL THE POISON CENTER AT 1-800-222-1222
- ___ B CHECK THE BABY'S MOUTH. GENTLY REMOVE
ANY PILLS WITH YOUR FINGER.
- ___ C WHEN PARENTS RETURN HOME,
TELL THE PARENTS WHAT HAPPENED.
- ___ D HELP PARENTS MAKE THE HOUSE SAFE SO
THE BABY DOESN'T GET POISONED AGAIN.
- ___ E TAKE THE PILLS WITH YOU TO TELL AN ADULT.
- ___ F DO WHAT THE POISON CENTER TELLS YOU.
- ___ G TAKE THE PILLS AWAY FROM THE CHILD.



Answers: 1-G, 2-B, 3-E, 4-A, 5-F, 6-C, 7-D