

# MISSOURI

POISON CENTER  
1-800-222-1222

A Program of SSM Health Cardinal Glennon

EVERY 8 SECONDS SOMEONE  
NEEDS A POISON CENTER...  
**COULD YOU BE NEXT?**



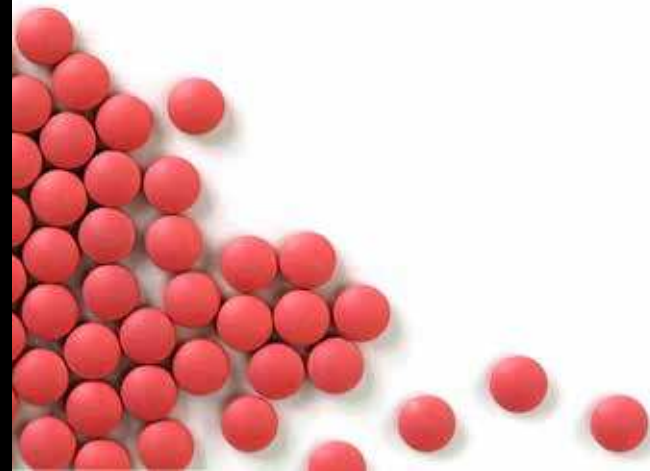
## DO YOU KNOW?

We often think of children getting poisoned. But most people who die from poisons are adults! Poisoning is a danger for all of us. Almost anything can be poisonous if it's used the wrong way, in the wrong amount, or by the wrong person.

### SOME POISONS ARE:

- **MEDICINES (PRESCRIPTIONS, OVER-THE-COUNTER, HERBAL) AND STREET DRUGS**
- **PRODUCTS IN YOUR HOME LIKE SHAMPOO, BLEACH, BUG AND WEED KILLERS, ANTIFREEZE, AND LAMP OIL**
- **CHEMICALS AT YOUR JOB**
- **BITES AND STINGS**
- **MUSHROOMS AND PLANTS**
- **FUMES AND GASES**

Taking the wrong amount of medicine or someone else's medicine, accidentally eating dishwasher soap, mixing cleaners, or having too much alcohol to drink could lead to a poisoning.



### HOW DOES YOUR POISON CENTER HELP YOU?

Poison centers give expert advice fast, over the phone. We can help you and your family with poison emergencies and with questions about poisoning.

You can call day or night, 7 days a week, any day of the year. Nurses, pharmacists, doctors, and other poison experts will answer your call.

We can help you in more than 150 languages or if you are hearing impaired.

There are many poison centers across our country. You can reach a poison center by calling

**1-800-222-1222**

**ANYWHERE IN THE UNITED STATES**

## WHY SHOULD YOU CALL?

Poisonings can happen to anyone and poison centers are for everyone. The call is free and confidential.

### WE HELP YOU SAVE MONEY AND TIME:

Seven of ten people who call their poison center get help over the phone. They don't have to go to a doctor or hospital.

### WHY YOUR DOCTOR CALLS THE POISON CENTER, TOO:

When doctors and nurses need help treating poisonings, they call their local poison center. **We are the experts.**

## FIRST AID FOR POISONING



### POISON IN THE EYES?

Rinse eyes with running water.

**CALL YOUR POISON CENTER AT 1-800-222-1222.**



### POISON ON THE SKIN?

Take off any clothing that the poison touched. Rinse skin with running water.

**CALL YOUR POISON CENTER AT 1-800-222-1222.**



### INHALED POISON?

Get to fresh air right away.

**CALL YOUR POISON CENTER AT 1-800-222-1222.**



### SWALLOWED POISON?

**CALL YOUR POISON CENTER AT 1-800-222-1222.**

## CALL 911

IF A PERSON

STOPS BREATHING, COLLAPSES, OR HAS A SEIZURE.

## POISON PREVENTION TIPS

- If you think someone has been poisoned, call 1-800-222-1222 right away. Serious poisonings don't always have early signs.
- Put 1-800-222-1222 in your cell phone and near home phones.
- Keep medicines and household products in their original containers and in a different place than food.
- Always read the label and follow any directions.
- Keep household products and medicines locked up. Put them where kids can't see them or reach them.
- Buy products with child-resistant packaging. But remember, nothing is child-proof!
- Never call medicine "candy." Poisons may look like food or drink. Teach children to ask an adult before tasting anything.
- Learn about products and drugs that young people use to get "high." Talk to your teen or pre-teen about these dangers.
- Have a working carbon monoxide alarm in your home.

### DO NOT

TRY HOME REMEDIES OR TRY TO MAKE SOMEONE THROW UP. CALL YOUR POISON CENTER FIRST.

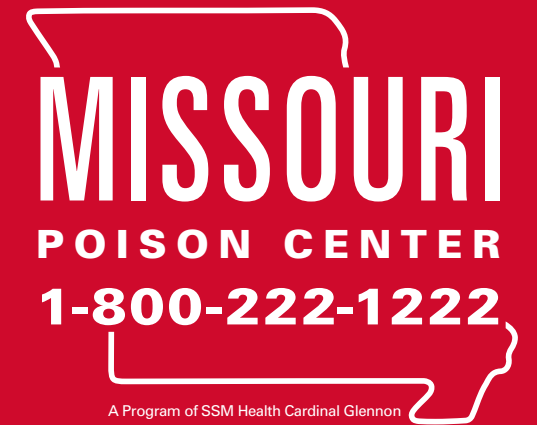
FOR MORE INFORMATION VISIT  
[WWW.MISSOURIPOISONCENTER.ORG](http://WWW.MISSOURIPOISONCENTER.ORG)



**FREE, FAST, EXPERT HELP. 24 HOURS A DAY, 7 DAYS A WEEK. 1-800-222-1222**



POISON CENTER HELP IS FREE, EXPERT  
AND CONFIDENTIAL. WE HELP PEOPLE OF  
ALL AGES IN ALL TYPES OF SITUATIONS.



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**POISON HELP**  
IS A CALL AWAY.

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